

## COVID-19 50/500 Fitness Challenge replaces Tour de Creek this year

Friday, June 5, 2020

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This year the Covid-19 pandemic postponed the Tour de France in Europe, and here in PebbleCreek we've replaced our annual "Tour de Creek" with the "COVID-19 50/500 Fitness Challenge". Participants will have five weeks, from July 1 - Aug. 8 to log either 50 miles walking/jogging, or 500 miles on bicycle.

Log sheets are in the fitness centers and can be downloaded from this announcement - [click here to go directly to the online Log Sheet to print at home](#). Have fun, and please maintain your social distance!

Prizes will be awarded to all who successfully complete the challenge.

*Source: Melissa Kallett, Director, Recreation and Fitness*



### **"50/500" Walk or Cycle Challenge**

**At your Fitness Centers  
Jul 1<sup>st</sup> thru Aug 8<sup>th</sup>**

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Don't let the threat of the coronavirus impact your fitness plan! TAKE THE COVID-19 "50/500" CHALLENGE!

You have 5 weeks to log either 50 miles Walking or Jogging.....or 500 miles on Your bicycle. Do it indoors at the Fitness Centers, or out on the streets.

Log Sheets are in the Fitness Centers.