

Fitness Studios will reopen Monday, Sept. 7 with protocols

Tuesday, September 1, 2020

The Fitness Studios at Tuscan Falls will reopen Monday, Sept. 7, with all the previously shared protocols for the Fitness Center, including the use of masks at all times and capacity limits.

As we integrate back into using the building, hours and offerings, will be limited. During the initial phase of reopening, we will offer the use of Spin Bikes and the WellBeats system only and walk-in users will be allowed during this time, up to capacity limits. If capacity is reached, then users can wait until others exit before being admitted.

Our goal is to resume fitness classes as soon as a week from the original opening date, but it may be longer. Once fitness classes resume, reservations will be required, as stipulated by the Arizona Department of Health Services (AZDHS) directive, dated Aug. 10, 2020. An online reservation system has been configured, and details will be forthcoming with operating instructions. You will be able to make reservations from your desk top computer, tablet or mobile device.

In keeping with AZDHS guidance, WellBeats (and later fitness classes) will be offered with limited capacity. Studio #1 will be limited to 15 people, and in the Spin Room to eight people. Also, mask wear will be required while inside the studios to include when using WellBeats, taking classes or on the spin bikes. Social distancing will also be enforced and facility users will need sign an attestation form regarding their personal health upon entry to the facility.

Studios hours of operation will be:

- 8 a.m. – noon, Monday through Friday. Closed on weekends.

Source: Melissa Kallett, Director, Fitness and Recreation