





Class Level / Class Instructor / Dates and Times

Level 1 - Dennis Downs 9:30am Wednesdays	Level 2 - Dennis Downs 11:00am Wednesdays	Level 2 - Dennis Downs 1:00pm Wednesdays
Week 1: Wed, March 5th	Week 1: Wed, March 5th	Week 1: Wed, March 5th
Week 2: Wed, March 12th	Week 2: Wed, March 12th	Week 2: Wed, March 12th
Week 3: Wed, March 19th	Week 3: Wed, March 19th	Week 3: Wed, March 19th
Week 4: Wed, March 26th	Week 4: Wed, March 26th	Week 4: Wed, March 26th
Week 5: Wed, April 2nd	Week 5: Wed, April 2nd	Week 5: Wed, April 2nd
Week 6: Wed, April 9th	Week 6: Wed, April 9th	Week 6: Wed, April 9th
Level 3 - Dennis Downs 2:30pm Wednesdays	Level 3 - Dennis Downs 4:00pm Wednesdays	
Week 1: Wed, March 5th	Week 1: Wed, March 5th	
Week 2: Wed, March 12th	Week 2: Wed, March 12th	
Week 3: Wed, March 19th	Week 3: Wed, March 19th	
Week 4: Wed, March 26th	Week 4: Wed, March 26th	
Week 5: Wed, April 2nd	Week 5: Wed, April 2nd	
Week 6: Wed, April 9th	Week 6: Wed, April 9th	







Class Level / Class Instructor / Dates and Times

Level 1 - Kyle Metzler 1:30pm Wednesdays	Level 2 - Kyle Metzler 3:00pm Wednesdays	Level 3 - Kyle Metzler 10:00am Thursdays
Week 1: Wed, March 5th	Week 1: Wed, March 5th	Week 1: Thur, March 6th
Week 2: Wed, March 12th	Week 2: Wed, March 12th	Week 2: Thur, March 13th
Week 3: Wed, March 19th	Week 3: Wed, March 19th	Week 3: Thur, March 20th
Week 4: Wed, March 26th	Week 4: Wed, March 26th	Week 4: Thur, March 27th
Week 5: Wed, April 2nd	Week 5: Wed, April 2nd	Week 5: Thur, April 3rd
Week 6: Wed, April 9th	Week 6: Wed, April 9th	Week 6: Thur, April 10th
Level 1 - Ronnie Decker 10:30pm Thursdays (at Eagles Nest)	Level 2 - Ronnie Decker 1:30pm Thursdays (at Eagles Nest)	
Week 1: Thur, March 6th	Week 1: Thur, March 6th	
Week 2: Thur, March 13th	Week 2: Thur, March 13th	
Week 3: Thur, March 20th	Week 3: Thur, March 20th	
Week 4: Thur, March 27th	Week 4: Thur, March 27th	
Week 5: Thur, April 3rd	Week 5: Thur, April 3rd	
Week 6: Thur, April 10th	Week 6: Thur, April 10th	