



Ladies Series Classes



Class Level / Class Instructor / Dates and Times

Level 1 - Dennis Downs 9:30am Wednesdays	Level 2 - Dennis Downs 11:00am Wednesdays	Level 2 - Dennis Downs 1:00pm Wednesdays
Week 1: Wed, November 6th	Week 1: Wed, November 6th	Week 1: Wed, November 6th
Week 2: Wed, November 13th	Week 2: Wed, November 13th	Week 2: Wed, November 13th
Week 3: Wed, November 20th	Week 3: Wed, November 20th	Week 3: Wed, November 20th
Week 4: Wed, December 4th	Week 4: Wed, December 4th	Week 4: Wed, December 4th
Week 5: Wed, December 11th	Week 5: Wed, December 11th	Week 5: Wed, December 11th
Week 6: Wed, December 18th	Week 6: Wed, December 18th	Week 6: Wed, December 18th
Level 3 - Dennis Downs 2:30pm Wednesdays	Level 3 - Dennis Downs 4:00pm Wednesdays	
Week 1: Wed, November 6th	Week 1: Wed, November 6th	
Week 2: Wed, November 13th	Week 2: Wed, November 13th	
Week 3: Wed, November 20th	Week 3: Wed, November 20th	
Week 4: Wed, December 4th	Week 4: Wed, December 4th	
Week 5: Wed, December 11th	Week 5: Wed, December 11th	
Week 6: Wed, December 18th	Week 6: Wed, December 18th	



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Level 1 - Kyle Metzler 1:30pm Wednesdays	Level 2 - Kyle Metzler 3:00pm Wednesdays	Level 3 - Kyle Metzler 10:00am Thursdays
Week 1: Wed, November 6th	Week 1: Wed, November 6th	Week 1: Thur, November 7th
Week 2: Wed, November 13th	Week 2: Wed, November 13th	Week 2: Thur, November 14th
Week 3: Wed, November 20th	Week 3: Wed, November 20th	Week 3: Thur, November 21st
Week 4: Wed, December 4th	Week 4: Wed, December 4th	Week 4: Thur, December 5th
Week 5: Wed, December 11th	Week 5: Wed, December 11th	Week 5: Thur, December 12th
Week 6: Wed, December 18th	Week 6: Wed, December 18th	Week 6: Thur, December 19th
Level 1 - Ronnie Decker 1:00pm Thursdays (@EN)	Level 2 - Ronnie Decker 1:00pm Thursdays (@EN)	
Week 1: Thur, November 7th	Week 1: Thur, November 7th	
Week 2: Thur, November 14th	Week 2: Thur, November 14th	
Week 3: Thur, November 21st	Week 3: Thur, November 21st	
Week 4: Thur, December 5th	Week 4: Thur, December 5th	
Week 5: Thur, December 12th	Week 5: Thur, December 12th	
Week 6: Thur, December 19th	Week 6: Thur, December 19th	