

Men's Series Classes



Class Level / Class Instructor / Times / Dates

Level 1 - Dennis Downs 9:30am Tuesdays	Level 2 - Dennis Downs 11:00am Tuesdays	Level 2 - Dennis Downs 1:00pm Tuesdays
Week 1: Tue, March 4th	Week 1: Tue, March 4th	Week 1: Tue, March 4th
Week 2: Tue, March 11th	Week 2: Tue, March 11th	Week 2: Tue, March 11th
Week 3: Tue, March 18th	Week 3: Tue, March 18th	Week 3: Tue, March 18th
Week 4: Tue, March 25th	Week 4: Tue, March 25th	Week 4: Tue, March 25th
Week 5: Tue, April 1st	Week 5: Tue, April 1st	Week 5: Tue, April 1st
Week 6: Tue, April 8th	Week 6: Tue, April 8th	Week 6: Tue, April 8th
Level 3 - Dennis Downs 2:30pm Tuesdays	Level 3 - Dennis Downs 4:00pm Tuesdays	
Week 1: Tue, March 4th	Week 1: Tue, March 4th	
Week 2: Tue, March 11th	Week 2: Tue, March 11th	
Week 3: Tue, March 18th	Week 3: Tue, March 18th	
Week 4: Tue, March 25th	Week 4: Tue, March 25th	
Week 5: Tue, April 1st	Week 5: Tue, April 1st	
Week 6: Tue, April 8th	Week 6: Tue, April 8th	

Men's Series Classes



Class Level / Class Instructor / Times / Dates

Level 1 - Kyle Metzler 1:30pm Mondays	Level 2 - Kyle Metzler 3:00pm Mondays	
Week 1: Mon, March 3rd	Week 1: Mon, March 3rd	
Week 2: Mon, March 10th	Week 2: Mon, March 10th	
Week 3: Mon, March 17th	Week 3: Mon, March 17th	
Week 4: Mon, March 24th	Week 4: Mon, March 24th	
Week 5: Mon, March 31st	Week 5: Mon, March 31st	
Week 6: Mon, April 7th	Week 6: Mon, April 7th	
Level 1 - Ronnie Decker 9:00am Thursdays (@EN)		
Week 1: Thur, March 6th		
Week 2: Thur, March 13th		
Week 3: Thur, March 20th		
Week 4: Thur, March 27th		
Week 5: Thur, April 3rd		
Week 6: Thur, April 10th		